

Montessori-Based Dementia Programming®

ABOUT THE MYERS RESEARCH INSTITUTE

One of 15 research institutes in the United States connected to a long term care facility, Myers Research Institute (MRI) is a leader in the field of applied gerontological research. MRI is dedicated to a multidisciplinary program that will help frail, elderly, and disabled individuals realize their highest level of fulfillment in an atmosphere of respect, dignity and caring.

Cameron J. Camp, Ph.D., Director and Senior Research Scientist at Myers Research Institute, Menorah Park Center for Senior Living in Beachwood, Ohio, is a noted psychologist specializing in applied research in gerontology and applied cognitive aging. He received his doctorate in experimental psychology from the University of Houston in 1979. For 16 years he served in academic settings, teaching coursework in adult development and aging while rising to the rank of Professor of Psychology at the University of New Orleans. His current research involves the design of interventions to alleviate problem behaviors and increase the level of functioning for persons with brain injury. He has co-authored three college textbooks and published over 80 articles in journals such as the Journal of Gerontology, The Gerontologist, Experimental Aging Research, Alzheimer Disease and Related Disorders, Clinical Gerontologist, Psychology and Aging, The Journal of Clinical and Experimental Neuropsychology, and the Journal of the International Neuropsychological Society. Dr. Camp lectures nationally on the topic for this program including the latest clinical research and related application of Montessori-Based Dementia Programming® and the techniques of Spaced-Retrieval with cognitively impaired individuals.

Megan Malone, M.A. CCC-SLP, is a speech-language pathologist and research associate with Myers Research Institute. In this capacity, Megan oversees both federally and privately funded research grants focused on implementing interventions with older adults with dementia. She is the lead trainer at the Institute, teaching training seminars to professionals working with older adults on a variety of interventions, including the Spaced-Retrieval technique and Montessori-based programming. Megan attended Miami University in Oxford, Ohio, for her undergraduate studies in speech pathology and received her master's degree from Case Western Reserve University in Cleveland, Ohio. She has been part of the staff of Myers Research Institute for seven years.

WHAT IS MONTESSORI-BASED DEMENTIA PROGRAMMING®?

Montessori-Based Dementia Programming® (MBDP) is an innovative method of working with older adults living with cognitive and/or physical impairments based on the method and philosophy of famed educator, Maria Montessori.

MBDP has been researched for over ten years by Dr. Cameron Camp and the staff of Myers Research Institute, and has been shown to increase levels of engagement and participation in activities of persons with dementia.

Participants in this course will learn the basic principles of MBDP, along with how to adapt this programming to fit the needs of their clients and facility. Participants may choose to attend Day One only of the program for an overview of MBDP or both Days

One and Two for a hands-on experience in using and adapting MBDP to specific clients, activities and environments.

INTENDED AUDIENCE

Activities Professionals, Social Workers, Occupational Therapists, Nursing Home Administrators. We recommend professionals who work in direct care with clients to attend both Day One and Day Two of the course. The Day One Only option is recommended for administrators, supervisors, etc., who would benefit from an overview of MBDP but will not be directly implementing it with clients.

CERTIFICATION AND CREDENTIALING

Upon completion of the one-day Seminar, participants are qualified to complete an examination for a User's Certificate from Myers Research Institute. A minimum score of 80% correct is required to earn a User's Certificate in MBDP. The certification exam may be attempted a total of three times.

Persons attending both Days One and Two of the course will be eligible to become credentialed in MBDP. The credentialing process involves successful completion of the certificate exam plus a hand-scored case study exam after a one-month period following the Workshop. Credentialed individuals meet requirements which enable them to provide in-services for other persons within their organization on the use of MBDP.

COURSE OUTLINE

Day 1: Certification Seminar

8:00 AM – 8:30 AM

Registration

8:30 AM – 8:45 AM

Introduction/Overview

8:45 AM – 9:15AM

The Importance of Activities
Montessori Preview

9:15 AM – 9:45 AM

Understanding Dementia

9:45 AM – 10:00 AM

BREAK

10:00 AM – 11:30 AM

Explanation of Memory & Reading
Ability

11:30 AM – 1:00 PM

LUNCH ON OWN

1:00 PM – 2:15 PM

Introduction to Montessori-Based
Dementia Programming®

2:15 PM – 2:30 PM

BREAK

2:30 PM – 3:00 PM

Review of Montessori Evaluation Tools

3:00 PM – 4:00 PM

Using What You've Got: Developing
Materials for Montessori-Based
Dementia Programming®

4:00 PM – 4:30 PM

Q & A – Adjournment
Seminar Agenda

Day 2: Credentialing Workshop

8:00 AM – 8:30 AM

Registration/Continental Breakfast

8:30 AM – 9:15 AM

Review of Day One

9:15 AM – 10:00 AM

Montessori Role Play

10:00 AM – 10:15 AM

BREAK

10:15 AM – 11:30 AM

Discussion & Creation of Large Group
Montessori Activities

11:30 AM – 1:00 PM

LUNCH ON OWN

1:00 PM -1:30 PM

Reconstructing Activities to be
Montessori-Based

1:30 PM – 2:30 PM

Next Steps and Action Planning for
Montessori Programming

2:30 PM – 3:00 PM

Q & A – Course Evaluations
Certification Test – Conclusion

LEARNING OBJECTIVES

By the end of Day 1, the learner will be able to:

1. Identify strategies to work with persons with dementia.
2. Describe the Montessori Method and why it is useful in working with persons with dementia.
3. Describe the basic principles of Montessori-based Dementia Programming®.

By the end of Day 2, the learner will be able to:

1. Plan lessons based on Montessori principles for persons with dementia.
2. Implement group programming strategies based upon Montessori principles.
3. Learn how to revise current programming strategies to be more Montessori in nature.
4. Create an action plan to implement Montessori programming in a facility setting.

ACCREDITATION

MRI will provide program information for organizations interested in applying for CEU approval from professional associations.

TESTIMONIALS

- “I just want to say that this has been the best and most helpful workshop I have EVER attended. Megan Malone and Dr. Camp put on a really big show in a way that is fun and educational too. What a concept! I'm hoping that I can get everyone motivated at my facility. - Shirley R., Sarasota, FL.
- “I attended the Montessori training in Ohio last week. What a great meeting! Megan Malone and Dr. Camp clearly are passionate about quality of life for older adults. I'm looking forward to bringing the many ideas to our facilities.” - Dawn B., Lansing, MI
- “We are doing very well here. We opened up a third area of our Adult Day Program where we have 10 - 12 advanced Alzheimer's / Dementia patients. We do only Montessori-based activities with these folks during the day. The results have been amazing! Some of these individuals never said a word in the main area and now we can't get them to stop talking! Their families and those involved with their caregiving are amazed!” - Christa S., Columbus, OH
- “We sure appreciate you taking time to conduct the training. It is wonderful to see the results of taking your work and applying it into the lives of our residents who are victims of this devastating disease. It absolutely has increased quality of life for our residents!”

Tom Rockenbach
Chief Operating Officer
Presbyterian Homes of Georgia

- “Dr. Cameron Camp of the Myers Research Institute has valuable information regarding Alzheimer and dementia residents that you must have for your residents...The information gained is something that one can take back to the work place and implement immediately.”

Loretta Seidl, Director of Professional Development
Kansas Association of Homes and Services for the Aging